

# **NORTHAMPTON MARCH 2018 CALENDAR** EVENTS, TRIPS, AND ACTIVITIES

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Key:  <b>AS:</b> Art Studio, Inn #201  <b>CR:</b> Conference Room (MH)  <b>DR:</b> Dining Room  <b>GR:</b> Garden Room  <b>L:</b> Lounge, Room #115  <b>LL:</b> Lower Level  <b>LEC:</b> Life Enrichment Center, 2nd fl.  <b>MH:</b> Meeting House  <b>MTR:</b> Mt Tom Room  <b>SU:</b> Sign Up V: Van, \$: Cost or Fee</p>	<p><b>Lane Representatives:</b>  <b>Aspen:</b> Bob Buhner  <b>Butternut:</b> Helen Armstrong  <b>Crabapple:</b> Joan Laird  <b>Dogwood:</b> Sheila Lyford  <b>Firethorn:</b> Marlisa Parker  <b>Goldenchain:</b> Jack Hjelt  <b>Hawthorn:</b> Bob Comerford</p>	<ul style="list-style-type: none"> <li>◆ <b>Thom Wright's Office Hours:</b> Thursdays &amp; Fridays, 8-4</li> <li>◆ <b>Northampton Wellness Office Hours:</b> Monday, Wednesday, Friday, 1-3</li> <li>◆ <b>Massage Therapy:</b> Call Jodi Kaufman at 537-6558 for an appointment</li> <li>◆ <b>Foot Clinic:</b> Call Meeting House Office for appointment with Deb Dean, RN</li> <li>◆ <b>Transportation Booking:</b> Call 413-437-5371, Monday-Friday 8:00-4:00</li> </ul>		<p><b>1 (Trash)</b>                      (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V                      10:00 Art Studio: LL                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>2</b></p> <p>9:30 Just sitting-Silent Meditation                      10:00 Games: Library                      11:15 Yoga: MH / \$  <b>11:30 Out to Lunch @ Fishtales, SU/V/\$</b>                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Chair Yoga: MH</p>	<p><b>3</b></p> <p>10:00 Guided Meditation: MH                      10:15 Temple: Call Inn by 7pm Friday</p> <p><b>1:00 Jazz Ensembles of Mt Holyoke present "The Big Broadcast" SU/V/\$</b></p>
<p><b>4</b></p> <p>9-11 Church: Call Inn by 7pm Sat.  <b>2:00 Movie: Heavenly Creatures: MH</b>  <b>2:00 (ETD) Music Committee presents Classic songs from the 30's &amp; 40's (Estela Olevsky &amp; Paulina Stark): MTR, SU/V</b></p>	<p><b>5</b></p> <p>10:00 Art Studio: LL                      11:00 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>6</b></p> <p>12:30 Cards: MH  <b>1:30 North East Book Club Where the Line Is Drawn by Raja Shehadeh: LEC</b>  <b>2:00 Hometown Habitat Native Plant Video: MH</b>  <b>3:30 English Country Dancing</b></p>	<p><b>7</b></p> <p>10:00 Men's Group: MH                      10:00 Council Meeting: MH                      12:30 Luncheon: MH  <b>11:15 Oliver Smith Restaurant &amp; Smith Bulb Show, SU/V/</b>                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Handcrafts: MH                      3:00 Pool: LL</p>	<p><b>8 (Trash/recycling)</b>                      (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V                      10:00 Art Studio: LL                      2:00 Healthy Bones &amp; Balance: MH  <b>6:15 National Theatre Live presents Hamlet @ Cinemark Hadley, SU/V/\$</b></p>	<p><b>9</b></p> <p>9:30 Just sitting-Silent Meditation                      10:00 Games: Library                      11:15 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Chair Yoga: MH  <b>2:00 Opera Prep w/Peg Bedell: Inn GR</b>  <b>1:30 Character Actor Marcia Estabrook presents Three Mill Girls: MTR, SU/V</b>  <b>4:00 Wine and Cheese Artist Reception w/Kichung Lizee: MH</b></p>	<p><b>10</b></p> <p>10:00 Guided Meditation: MH                      10:15 Temple: Call Inn by 7pm Friday</p> <p><b>12:00 Met Opera Live in HD presents "Semiramide", SU/V/\$</b></p>
<p><b>11 Daylight Savings Begins</b></p> <p>9-11 Church: Call Inn by 7pm Sat.  <b>2:00 Movie: Rear Window: MH</b>  <b>2:00 (ETD) Music Committee presents Singer Laura Wetzler: MTR, SU/V</b></p>	<p><b>12</b></p> <p>10:00 Art Studio: LL                      11:00 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>13</b></p> <p><b>9:15 Breakfast @ The North Hadley Sugar Shack, SU/V/\$</b>                      12:00 French for Lunch: Day For Night: MH                      12:30 Cards: MH  <b>2:00 Author Richard Anderson: "A Home Run for Bunny": Old Café</b>  <b>3:30 English Country Dancing</b></p>	<p><b>14 National Pi Day</b></p> <p><b>9:00 Foot Clinic: MH</b>                      10:00 Men's Group: MH  <b>11:00 Caregiver Support Group: CR</b>  <b>12:30 "Pi" Luncheon: MH</b>                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Handcrafts: MH                      3:00 Pool: LL</p>	<p><b>15 (Trash)</b>                      (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V                      10:00 Art Studio: LL                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>16</b></p> <p>9:30 Just sitting-Silent Meditation                      10:00 Games: Library                      11:15 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Chair Yoga: MH</p>	<p><b>17 St. Patrick's Day</b></p> <p>10:00 Guided Meditation: MH                      10:15 Temple: Call Inn by 7pm Friday</p> <p><b>1:00 HS Students of Paul Kinsman Music Recital: MH</b></p>
<p><b>18</b></p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p><b>2:30 Music Committee presents The Prometheus Duo: MH</b></p>	<p><b>19</b></p> <p><b>10:00 Art Workshop w/Kichung Lizee: LL, SU</b>                      11:00 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>20 Spring Begins</b></p> <p><b>9:45 Trader Joes, SU/V/\$</b>                      12:00 French for Lunch: Amelie: MH                      12:30 Cards: MH  <b>3:30 English Country Dancing</b></p>	<p><b>21</b></p> <p>10:00 Men's Group: MH  <b>12:00 Music @ the Noon Hour, Smith College, SU/V/\$</b>                      12:30 Luncheon: MH                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Handcrafts: MH                      3:00 Pool: LL  <b>4:45 Sandwich Buffet Dinner &amp; Spelling Bee @ JFK Middle School, SU/V/\$</b></p>	<p><b>22 (Trash/recycling)</b>                      (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V                      10:00 Art Studio: LL                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>23</b></p> <p>9:30 Just sitting-Silent Meditation                      10:00 Games: Library                      11:15 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Chair Yoga: MH</p>	<p><b>24</b></p> <p>10:00 Guided Meditation: MH                      10:15 Temple: Call Inn by 7pm Friday</p> <p><b>3:00 Singer Rachel Mann: MTR</b>  <b>6:45 PVSO Symphonie Espagnole @ John M. Greene Hall, SU/V/\$</b></p>
<p><b>25 Palm Sunday</b></p> <p>9-11 Church: Call Inn by 7pm Sat.  <b>2:00 Birding 101 by Steve Svec, Ornithologist: MH</b></p> <p><b>2:00 (ETD) Music Committee presents Piano Students of Christine Olson: MTR, SU/V</b></p>	<p><b>26</b></p> <p>10:00 Art Studio: LL                      11:00 Yoga: MH / \$                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>27</b></p> <p>12:00 French for Lunch: Etre Et Avoir (To Be and To Have): MH                      12:30 Cards: MH  <b>2:30 Connie Baugh Documentary: "Walk With Me" Q &amp; A to follow: MTR</b>  <b>3:30 English Country Dancing</b></p>	<p><b>28 Purim Begins at Sundown</b></p> <p>10:00 Men's Group: MH  <b>11:00 Caregiver Support Group: CR</b>                      12:30 Luncheon: MH                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Handcrafts: MH                      3:00 Pool: LL</p>	<p><b>29 (Trash)</b>                      (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V                      10:00 Art Studio: LL                      2:00 Healthy Bones &amp; Balance: MH</p>	<p><b>30 Good Friday</b></p> <p>9:30 Just sitting-Silent Meditation                      10:00 Games: Library                      11:15 Yoga                      1:30—3:30 Wellness Clinic w/Rob                      2:00 Chair Yoga: MH  <b>3:00 Jennifer Sowards Hearing Discussion: MH</b>  <b>2:00 Opera Prep w/Peg Bedell: Inn GR</b></p>	<p><b>31</b></p> <p>10:00 Guided Meditation: MH                      10:15 Temple: Call Inn by 7pm Friday</p> <p><b>12:00 Met Opera Live in HD presents "Cosi fan Tutte", SU/V/\$</b></p>