









# NORTHAMPTON FEBRUARY 2018 CALENDAR

EVENTS, TRIPS, AND ACTIVITIES

SUN	MON	TUE	WED	THU	FRI	SAT
<ul style="list-style-type: none"> <li>◆ <b>Thom Wright's Office Hours:</b> Thursdays &amp; Fridays, 8-4</li> <li>◆ <b>Northampton Wellness Office Hours:</b> Monday, Wednesday, Friday, 1-3</li> <li>◆ <b>Massage Therapy:</b> Call Jodi Kaufman at 537-6558 for an appointment</li> <li>◆ <b>Foot Clinic:</b> Call Meeting House Office for appointment with Deb Dean, RN</li> <li>◆ <b>Transportation Booking:</b> Call 413-437-5371, Monday-Friday 8:00-4:00</li> </ul>				<p>1. (Trash) (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones &amp; Balance: MH</p>	<p>2. <b>Groundhog Day</b></p> <p>9:30 Just sitting-Silent Meditation: MH 10:00 Games: Library 11:15 Yoga 1-3:00 Wellness Clinic 2:00 Chair Yoga</p> 	<p>3.</p> <p>10:00 Guided Meditation: MH</p> <p>10:15 Temple: Call Inn by 7pm Friday <b>12:45 Alabama Story: Majestic Theatre, SU/V/\$</b></p>
<p>4.</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p><b>2:00 Movie: Gaslight: MH</b> <b>2:00 Music Committee presents: Rocky Hill Revival MTR, SU/V</b></p>	<p>5</p> <p>10:00 Art Studio: LL 11:00 Yoga: MH / \$ 1-3:00 Wellness Clinic 2:00 Healthy Bones &amp; Balance: MH</p>	<p>6</p> <p><b>12:00 French Film Series MH</b> 12:30 Cards: MH 3:30 English Country Dancing</p>	<p>7</p> <p><b>10:00 Resident Assoc. Meeting MH</b> <b>12:00 Music @ the Noon Hour Smith College, SU/V/\$</b> 12:30 Luncheon: MH 1-3:00 Wellness Clinic 2:00 Handcrafts: MH <b>2:00 Global Warming Presentation MTR</b> 3:00 Pool: LL</p>	<p>8 (Trash/recycling)</p> <p>10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones &amp; Balance: MH</p>	<p>9</p> <p>9:30 Just sitting-Silent Meditation: MH 10:00 Games: Library 11:15 Yoga 1-3:00 Wellness Clinic <b>2:00 Opera Prep w/Peg Bedell: GR</b> 2:00 Chair Yoga</p>	<p>10</p> <p>10:00 Guided Meditation: MH <b>11:00 Met Opera Live in HD presents "L'Elisir d'Amore", SU/V/\$</b></p> <p>10:15 Temple: Call Inn by 7pm Friday</p>
<p>11</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p><b>2:00 Movie: Sleepless in Seattle: MH</b></p> <p><b>2:00 Music Committee presents: Ephemeral String Band MTR, SU/V</b></p>	<p>12</p> <p>10:00 Art Studio: LL 11:00 Yoga: MH / \$ 1-3:00 Wellness Clinic</p> <p>2:00 Healthy Bones &amp; Balance: MH</p>	<p>13</p> <p>10:30 Program Committee MH <b>11:45 RESCHEDULED Out to Lunch Bunch; Ginger Gardens, Amherst SU/V/\$</b> <b>12:00 French Film Series MH</b> 12:30 Cards: MH <b>1:30 North East Book Club: MH</b></p>	<p>14</p> <p>10:00 Men's Group: MH <b>11:00 Caregiver Support Group: CR</b> 12:30 Luncheon: MH 1-3:00 Wellness Clinic <b>1:30 Valentines Quarterly Birthday Party: MH</b> 2:00 Handcrafts: MH</p>	<p>15 (Trash)</p> <p>10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones &amp; Balance: MH</p>	<p>16</p> <p>9:30 Just sitting-Silent Meditation: MH 10:00 Games: Library 11:15 Yoga 1-3:00 Wellness Clinic <b>2:30 Alexander George: MH</b></p>	<p>17</p> <p>10:00 Guided Meditation: MH 10:15 Temple: Call Inn by 7pm Friday <b>7:00 International Contemporary Ensemble Buckley Hall, SU/V/\$</b></p> 
<p>18</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p><b>2:00 Movie: I Am Not Your Negro: MH</b></p> <p><b>2:00 Music Committee presents Claude Bolling's Suite for Flute and Jazz Piano Trio: MTR, SU/V</b></p>	<p>19 <b>President's Day (Staff Holiday)</b></p> 	<p>20</p> <p>12:30 Cards: MH <b>2:00 Jim Dowell presents Eyewitness to History: The Little Rock School Crisis: MH</b> 3:30pm English Country Dancing: MH</p>	<p>21</p> <p><b>9:00 Foot Clinic MH</b> 10:00 Men's Group: MH 12:30 Luncheon: MH 1-3:00 Wellness Clinic <b>1:00 TCM Big Screen Classics Presents The Philadelphia Story, W. Springfield Cinemark, SU/V/\$</b> 2:00 Handcrafts: MH <b>3:00 Pool LL</b></p>	<p>22 (Trash/recycling) (10-12 LIR Seminar)</p> <p>10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones &amp; Balance: MH</p>	<p>23</p> <p>9:30 Just sitting-Silent Meditation: MH 10:00 Games: Library 11:15 Yoga 1-3:00 Wellness Clinic <b>2:00 Opera Prep w/Peg Bedell: GR</b> 2:00 Chair Yoga</p>	<p>24</p> <p>10:00 Guided Meditation: MH</p> <p>10:15 Temple: Call Inn by 7pm Friday <b>11:15 Met Opera Live in HD presents "La Boheme", SU/V/\$</b></p>
<p>25</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p><b>2:30 Music Committee presents: Dixieland Stomp: MH</b></p>	<p>26</p> <p>10:00 Art Studio: LL 11:00 Yoga: MH / \$ 1-3 Wellness Clinic 2:00 Healthy Bones &amp; Balance: MH</p>	<p>27</p> <p><b>9:45 Jack &amp; Jackie: The Kennedys in the White House, Springfield Museum, SU/V/\$</b> <b>12:00 French Film Series MH</b> 12:30 Cards: MH</p> <p>3:30pm English Country Dancing: MH</p>	<p>28</p> <p>10:00 Men's Group: MH <b>11:00 Caregiver Support Group: CR</b> <b>12:00 Music @ the Noon Hour Smith College, SU/V/\$</b> 12:30 Luncheon: MH 1-3:00 Wellness Clinic 2:00 Handcrafts: MH <b>3:00 Pool LL</b></p>		<p><b>Key:</b> <b>PDR:</b> Private Dining Room (Inn) <b>AS:</b> Art Studio <b>GR:</b> Game Room <b>MH:</b> Meeting House <b>MTR:</b> Mt Tom Room (Inn) <b>LL:</b> Lower Level <b>SU:</b> Sign Up <b>V:</b> Van <b>\$:</b> Cost or Fee <b>LEC:</b> Life Enrichment Center, 2nd fl. Inn <b>CR:</b> Conference Room <b>L:</b> Library</p>	<p><b>Lane Representatives:</b></p> <p><b>Aspen:</b> Bob Buhner <b>Butternut:</b> Helen Armstrong <b>Crabapple:</b> Joan Laird <b>Dogwood:</b> Sheila Lyford <b>Firethorn:</b> Marliisa Parker <b>Goldenchain:</b> Jack Hjelt <b>Hawthorn:</b> Bob Comerford <b>Neighbor Care Person:</b> Judy Hyde</p>