



NORTHAMPTON OCTOBER 2017 CALENDAR EVENTS, TRIPS, AND ACTIVITIES

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p>2:00 Movie—"Notorious": MH 2:30 Music Committee presents Nigel Cox: MTR</p>	<p>2</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / \$ 2:00 Healthy Bones & Balance: MH</p>	<p>3</p> <p>(10-12 LIR Seminar)</p> <p>12:30 Cards: MH</p> <p>3:30 English Country Dancing</p> 	<p>4</p> <p>8:30-9:30 Wellness Clinic 9:15 Hampshire Music Club, SU/V/\$ 10:00 Council Meeting: MH 10:00 Men's Group: MH 11:45 Smith Music in the Noon Hour, SU/V/\$ 12:30 Luncheon: MH 2:00 Handcrafts: MH 3:00 Pool: LL</p>	<p>5</p> <p>(Trash/recycling) (10-12 LIR Seminar)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series: MH 6:15 "Greater Tuna", Silverthorne Theater, SU/V/\$</p>	<p>6</p> <p>10:00 Games: Library 11:00 Yoga 11:00 Apple Picking or Purchasing & Lunch @ Outlook Farm SU/V/\$ 1:00 Firethorn Lane Mtg w/Thom 1-3:00 Wellness Clinic</p> 	<p>7</p> <p>10:00 Guided Meditation: MH 10:15 Temple: Call Inn by 7pm Friday 11:45 Met Opera Live in HD presents "Norma", SU/V/\$</p>
<p>8</p> <p>9-11 Church: Call Inn by 7pm Sat. 1:30 Fall Foliage Tour aboard Hoosac Valley Train, SU/V/\$ 2:00 Movie "A Shot in the Dark": MH 2:00 Music Committee presents Green Street Trio: MTR, Su/V</p>	<p>9 COLUMBUS DAY— Staff Holiday Office Closed</p> <p>10:00 Art Studio: LL</p> 	<p>10</p> <p>(10-12 LIR Seminar)</p> <p>12:30 Cards: MH</p> <p>3:30 English Country Dancing</p>	<p>11</p> <p>8:30-9:30 Wellness Clinic 9:00 Foot Clinic: MH 9:15 Hampshire Music Club, SU/V/\$ 10:00 Men's Group: MH 2:00 Socially & Environmentally Responsible Investing MTR 11:00 Caregiver Support Group: CR 2:00 Handcrafts: MH</p>	<p>12(Trash) (10-12 LIR Seminar)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 1-4 FLU CLINIC: CR 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series: MH</p>	<p>13</p> <p>10:00 Games: Library 11:00 Yoga 11:00 Applebee's, Pittsfield: SU/V/\$ 3:00 Conversation About America: The Faux-G.O.P.s Assault on the Values that Define Us : MH 1-3:00 Wellness Clinic 7:00 Jonathan Biss, violin; Miriam Fried, piano, Buckley Hall, SU/V/\$</p>	<p>14</p> <p>10:00 Guided Meditation: MH 10:15 Temple: Call Inn by 7pm Friday 11:45 Met Opera Live in HD presents "Die Zauberflöte ", SU/V/\$</p>
<p>15</p> <p>9-11 Church: Call Inn by 7pm Sat.</p> <p>2:30 Music Committee presents Northampton Flutes: MH</p>	<p>16</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / \$ 2:00 Healthy Bones & Balance: MH 6:15 Death with Dignity: A Doctor Fights for His (and Our) Last Rights, N'ton Senior Center, SU/V/\$</p>	<p>17</p> <p>(10-12 LIR Seminar)</p> <p>12:30 Cards: MH 1:30 Program Committee 1:30 District Attorney Janis Garrett: Speaks on consumerism and scams MTR—SU/V 3:30 English Country Dancing: MH</p>	<p>18</p> <p>8:30-9:30 Wellness Clinic 9:15 Hampshire Music Club, SU/V/\$ 10:00 Men's Group: MH 2:00 Handcrafts: MH 2:00 Richard Little: MH <small>National Chocolate Cupcake Day— get yours at the presentation!</small> 3:30: Singalong (MTR) 3:00 Pool: LL</p> 	<p>19(Trash/recycling) (10-12 LIR Seminar)</p> <p>9:30 Walking Club: Meet at bench 10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series: MH</p>	<p>20</p> <p>9:30 Silvio O. Conte National Wildlife Refuge Trail & Lunch: SU/V/\$</p> <p>10:00 Games: Library 11:00 Yoga 1-3:00 Wellness Clinic</p>	<p>21</p> <p>10:00 Guided Meditation: MH 10:15 Temple: Call Inn by 7pm Friday 1:00 Free Fifty Celebration: MTR, SU/V</p>
<p>22</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:00 Movie—"You Can't Take it With You": MH 2:30 Music Committee presents Jose Gonzalez and Friends: MTR</p> <p>3:15 Arcadia Players present: Viva Vivaldi, Amherst, SU/V/\$</p>	<p>23</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / \$ 2:00 Healthy Bones & Balance: MH</p>	<p>24</p> <p>(10-12 LIR Seminar)</p> <p>11:30 Glendale Grill for Lunch, then walk at Mutters Field SU/V/\$ 1:30 North East Book Club: MH</p> <p>12:30 Cards: MH 3:30 English Country Dancing: MH</p>	<p>25</p> <p>8:30-9:30 Wellness Clinic 9:00 FY2018 Budget Presentation:MH 9:15 Hampshire Music Club, SU/V/\$ 11:00 Caregiver Support Group: CR 11:45 Music in the Noon Hour, SU/V/\$ 12:30 Luncheon: MH 2:00 Handcrafts: MH 3:00 Pool: LL 4:45 Springfield Public Forum: Jelani Cobb, SU/V/\$</p>	<p>26 (Trash) (10-12 LIR Seminar)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series: MH</p> <p>3:30 The Ballad of Billie Potts: MTR</p>	<p>27</p> <p>10:00 Games: Library 10:00 Trader Joes shopping, SU/V/\$ 11:00 Yoga 1-3:00 Wellness Clinic 1:30 Memorial Service, : MTR, SU/V</p>	<p>28</p> <p>10:00 Guided Meditation: MH 10:15 Temple: Call Inn by 7pm Friday 1:30 New Horizons Band: INN</p> 
<p>29</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:00 Movie— "Curse of the Cat People": MH 2:30 Music Committee presents Klezmir: MTR, Su/V</p> 	<p>30</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / \$ 2:00 Healthy Bones & Balance: MH</p>	<p>31</p> <p>(10-12 LIR Seminar) 12:30 Cards: MH 2:00 English Country Dancing 4:00 Halloween Wine and Cheese</p> 	<p>Key: PDR: Private Dining Room (Inn) AS: Art Studio MH: Meeting House MTR: Mt Tom Room (Inn) LL: Lower Level LEC: Life Enrichment Center, 2nd fl. Inn CR: Conference Room GR: Garden Room SU: Sign Up V: Van \$: Cost or Fee</p>	<p>Lane Representatives:</p> <p>Aspen: Joe Kulin Butternut: Helen Armstrong Crabapple: Joan Laird Dogwood: Sheila Lyford Firethorn Marlisa Parker Goldenchain: Jack Hjelt/ Cynthia Stanton Hawthorn: Bob Comerford Neighbor Care Person:</p>	<ul style="list-style-type: none"> ◆ Thom Wright's Office Hours: Thursdays & Fridays, 8-4 ◆ Northampton Wellness Office Hours: Mon/Wed 8:30-9:30, Fri 1-3 ◆ Massage Therapy: Call Jodi Kaufman at 537-6558 for an appointment ◆ Foot Clinic: Call Meeting House Office for appointment with Deb Dean, RN ◆ Transportation Booking: Call 413-437-5371, Monday-Friday 8:00-4:00 ◆ Julie's Office Hours: Wednesday, 12-1 	