






NORTHAMPTON SEPTEMBER 2017 CALENDAR

EVENTS, TRIPS, AND ACTIVITIES

	MON	TUE	WED	THU	FRI	SAT
	<ul style="list-style-type: none"> ◆ Thom Wright's Office Hours: Thursdays & Fridays, 8-4 ◆ Northampton Wellness Office Hours: Mon/Wed 8:30-9:30, Fri 1-3 ◆ Massage Therapy: Call Jodi Kaufman at 537-6558 for an appointment ◆ Foot Clinic: Call Meeting House Office for appointment with Deb Dean, RN ◆ Transportation Booking: Call 413-437-5371, Monday-Friday 8:00-4:00 ◆ Julie's Office Hours: Tuesday 1-5, Wednesday 12-1 North 1-5 East, Thursday 10:30-2:30; Friday 9:30-12:30 	<p>Lane Representatives:</p> <p>Aspen: Joe Kulin Butternut: Helen Armstrong Crabapple: Joan Laird Dogwood: Sheila Lyford Firethorn: Marlisa Parker Goldenchain: Jack Hjelt/ Cynthia Stanton Hawthorn: Bob Comerford Neighbor Care Person: Judy Hyde</p>	<p>Key: PDR: Private Dining Room (Inn) AS: Art Studio MH: Meeting House MTR: Mt Tom Room (Inn) LL: Lower Level LEC: Life Enrichment Center, 2nd fl. Inn CR: Conference Room GR: Garden Room SU: Sign Up V: Van Ⓢ: Cost or Fee</p>		<p>1</p> <p>10:00 Games: Library 10:45 Lunch at The Dockside & The Lady Bea Cruise: SU/V/Ⓢ</p> <p>11:00 Yoga 1:00 "Animal 101 " Inn Lobby 1-3:00 Wellness Clinic</p>	<p>2</p> <p>10:00 Group Meditation led by Joe Kulin: MH 10:15 Temple: Call Inn by 7pm Friday 11:00 Shuttle rides to the fainting Goats & Alpaca East Campus, SU/V</p>
<p>3</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:00 Movie—The Day the Earth Stood Still</p>	<p>4 LABOR Day— Staff Holiday Office Closed</p>  <p>10:00 Art Studio: LL</p>	<p>5</p> <p>9:00 Hiking w/Hans</p> <p>12:30 Cards: MH</p>	<p>6</p> <p>8:30-9:30 Wellness Clinic 10:00 Council Meeting: MH 10:00 Men's Group: MH 12:45 Arts In The Orchard SU/V/Ⓢ 2:00 Handcrafts: MH 3:00 Pool: LL</p>	<p>7 (Trash)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 2:00 Healthy Bones & Balance: MH</p>	<p>8</p> <p>10:00 Games: Library</p> <p>11:00 Yoga 1-3:00 Wellness Clinic 7:00 A Night of Comedy; sponsored by The Northampton Police Assoc. SU/V/Ⓢ</p>	<p>9</p> <p>10:00 Group Meditation led by Joe Kulin: MH 10:15 Temple: Call Inn by 7pm Friday 1:30 Shakespeare & Company: The Wharton Comedies SU/V/Ⓢ</p>
<p>10</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:00 Movie— Algiers: MH 2:30 Music Committee presents: Julia Bady & Jamie Goodnow (MTR)</p> <p>3:30-4:30 Art Reception: Inn Lobby</p>	<p>11</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / Ⓢ 2:00 Healthy Bones & Balance: MH</p> 	<p>12</p> <p>12:30 Cards: MH 1:30 Program Committee 3:30 English Country Dancing: MH</p>	<p>13</p> <p>9:00 Foot Clinic: MH 8:30-9:30 Wellness Clinic 10:00 Sean Kelly Discussion: MH 10:30 Caregiver Support Group: CR 11:30 ANNUAL FALL PICNIC @ LOOK PARK 2:00 Handcrafts: MH 3:00 Pool: LL</p>	<p>14 (Trash/recycling)</p> <p>9:30 Walking Club: Meet at bench 10:00 Errands/Shopping: SU / V 10:00 Art Studio: LL 2:00 Healthy Bones & Balance: MH 4:00 Ward Councilor Maureen Carney answers your questions, MH</p>	<p>15</p> <p>10:00 Games: Library 11:00 Yoga</p> <p>1-3:00 Wellness Clinic</p>	<p>16</p> <p>10:00 Group Meditation led by Joe Kulin: MH 10:15 Temple: Call Inn by 7pm Friday</p> <p>7:00 Anat Cohen Quartet: Buckley Hall, SU/V/Ⓢ</p>
<p>17</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:00 (ETD) Music Committee presents: Bella Voce MTR, SU/ V</p> <p>2:00 "Love Letters" play reading: MH</p>	<p>18</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / Ⓢ 2:00 Healthy Bones & Balance: MH</p>	<p>19</p> <p>9:00 Hiking w/Hans 9:30 The Big E :SU/V/Ⓢ 10:30 Spirituality Discussion Group: MH 12:30 Cards: MH 1:30 North East Book Club: GR 3:30 English Country Dancing: MH</p>	<p>20</p> <p><i>Rosh Hashanah</i></p> <p>8:30-9:30 Wellness Clinic 10:00 Men's Group: MH 12:30 Luncheon: MH 2:00 Handcrafts: MH 3:00 Pool: LL 3:30: Singalong (MTR)</p>	<p>21 (Trash)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series Premiere, MH 5:30Cruise Night @ the Elks: SU/V/Ⓢ</p>	<p>22 AUTUMN EQUINOX: Fall Begins</p>  <p>10:00 Games: Library 11:00 Yoga 11:30 Fishtales SU/V/Ⓢ 3:00 Picnic at the Dog Park 1-3:00 Wellness Clinic</p>	<p>23</p> <p>10:00 Group Meditation led by Joe Kulin: MH 10:15 Temple: Call Inn by 7pm Friday</p>
<p>24</p> <p>9-11 Church: Call Inn by 7pm Sat. 2:30 Music Committee presents Katherine First: MH</p>	<p>25</p> <p>8:30-9:30 Wellness Clinic 10:00 Art Studio: LL 11:00 Yoga: MH / Ⓢ 2:00 Healthy Bones & Balance: MH</p>	<p>26</p> <p>12:30 Cards: MH 10:15 N'ton Airport Tour SU/V/Ⓢ 2:00 Center for Ecological Technology presentation, MTR</p> <p>3:30 English Country Dancing: MH</p>	<p>27</p> <p>8:30-9:30 Wellness Clinic 10:00 Men's Group: MH 11:00 Caregiver Support Group: CR 12:30 Luncheon: MH 2:00 Handcrafts: MH 2:30 Eyewitness to History: Little Rock School Crisis, 1957, MTR 3:00 Pool: LL</p>	<p>28 (Trash/recycling)</p> <p>9:30 Walking Club: Meet at bench 10:00 Art Studio: LL 10:00 Errands/Shopping: SU / V 2:00 Healthy Bones & Balance: MH 3:30 Anne of Green Gables DVD Series, MH</p>	<p>29 NATIONAL CONFUCIUS DAY: come get a fortune cookie in the lobby</p> <p>10:00 Games: Library 11:00 Yoga 1-3:00 Wellness Clinic</p> 	<p>30</p> <p>10:00 Group Meditation led by Joe Kulin: MH 10:15 Temple: Call Inn by 7pm Friday 1:45 UMass vs OHIO football @ McGuirk Stadium In Amherst, MA. SU/V/Ⓢ</p>